

Dear Parents,

Your child _____ had an OGTT, Oral Glucose Tolerance Test on _____.

The OGTT measures how much your blood sugar rises after drinking a sweet liquid. How high your blood sugar level rises depends on how much insulin your islet cells are able to release. The OGTT can be used to diagnose diabetes.

Your child's results were: Diabetes

Fasting blood sugar _____. (Diabetes range greater than 126)
2 hour blood sugar _____. (Diabetes range greater than 200)

We recommend:

Checking blood sugar levels 3-4 times a week 2 hours after eating
Checking blood sugar levels and ketones in urine with any illness,
especially with vomiting.
Repeating the OGTT in 1 month.

Watch for signs and symptoms of increased blood sugar:

Excessive thirst

Excessive urination

Bed wetting in a previously "dry" child

Not wanting to eat much but wanting to drink

Loss of energy

Behavior changes

Vomiting without diarrhea or fever

Heavy breathing

If you notice any of these symptoms, or your child has a blood sugar level greater than 200 call DAISY Clinic Nurse at 303-724-7555 or your pediatrician right away. Nights and weekends you can call the Barbara Davis Center Emergency Answering Service at 303-388-2626.

Sincerely,

DAISY Study Team